Feeling Words

**Directions: Place a (+) next to the words with a positive feeling; place a (-) next to the words with a negative feeling; place an (N) next to the words that are neutral.**

happy\_\_\_ excited\_\_\_ frustrated\_\_\_

confused\_\_\_ angry\_\_\_ sad\_\_\_

surprised\_\_\_ anxious\_\_\_ scared\_\_\_

unhappy\_\_\_ nervous\_\_\_ relieved\_\_\_

relaxed\_\_\_ reassured\_\_\_ passionate\_\_\_

embarrassed\_\_\_ irritated\_\_\_ disappointed\_\_\_

uncertain\_\_\_ skeptical\_\_\_ optimistic\_\_\_

restless\_\_\_ threatened\_\_\_ offended\_\_\_

heartbroken\_\_\_ mournful\_\_\_ bored \_\_\_ guilty\_\_\_